

# The Baby Plan

by Kate Rorick

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## About the Book

In *The Lizzie Bennet Diaries* creator Kate Rorick's first adult fiction novel, we enter the wild, bewildering world of modern pregnancies. You'll laugh, you'll cry, you'll shake your head as you wonder where everyone's sanity went.

### Meet the mothers...

**Nathalie Kneller:** Nathalie's plan: to announce her pregnancy now that she's finally made it past 12 weeks! But just as she's about to deliver (so to speak) the big news to her family, her scene-stealing sister barfs all over the Thanksgiving centerpiece. Yup, Lyndi's pregnant too, swiping the spotlight once more...

**Lyndi Kneller:** Lyndi's plan: finally get her life together! She's got a new apartment, new promotion, new boyfriend. What she didn't count on --- a new baby! She can barely afford her rent, much less a state-of-the-art stroller...

**Sophia Nunez:** Sophia's plan: Once she gets her daughter Maisey off to college, she'll finally be able to enjoy life as make-up artist to one of Hollywood's biggest stars, and girlfriend to one of rock's hottest musicians. But after 18 years, she discovers the stork is once again on its way...

Now these women are about to jump headlong into the world of modern-day pregnancy. It's a world of over-the-top gender reveal parties (with tacky cakes and fireworks); where every morsel you eat is scrutinized and discussed; where baby names are crowd-sourced and sonograms are Facebook-shared. And where nothing goes as planned...

## Discussion Guide

1. The novel opens with a Thanksgiving disaster. What is it about holidays that brings out the worst --- and best --- in families? Have you ever had a holiday disaster? What happened?
2. In your opinion, has the Baby World gotten out of control with showers, gender reveals and Facebook reveals? Discuss if you feel this is all over-the-top or a chance to celebrate with friends and family.
3. Tell us some baby shower or baby party horror stories!
4. Lyndi's friends avoid her once she announces her pregnancy. Do you think they are just being 'mean girls' or does Lyndi's pregnancy somehow make them feel conflicted and confused?
5. It's been said that 'sisters are a shield against life's cruel adversity.' How do you think this is true or not true? In what ways could Lyndi and Nathalie be better sisters?
6. In what ways do you feel Nathalie might be too hard on Kathy? Conversely, are there ways that Kathy has been tone-deaf with regard to her stepdaughter's feelings?
7. Sophia's daughter, Maisey, is horrified that her mother is having a baby. In what ways are Maisey's feelings justified? Do you think Sophia proceeded without much consideration for her future or her relationship with her near-grown daughter?
8. David, Marcus and Sebastian all deal with impending fatherhood in different ways. Do any of them handle it well? What could they do better? Is there ever validity to men feeling 'left out' or 'pushed aside' during pregnancy?
9. Each woman feels challenged at work during her pregnancy. How do we, as a society, support or not support working pregnant women?

## Author Bio

Kate Rorick is an Emmy Award-winning writer who has worked on a number of television shows, most recently "The Librarians" on TNT. She was also a writer for the hit web series "The Lizzie Bennet Diaries," and authored the two series tie-in novels, *THE SECRET DIARY OF LIZZIE BENNET* and *THE EPIC ADVENTURES OF LYDIA BENNET*. In her other life, she writes bestselling historical romance novels under the name Kate Noble. Kate lives in Los Angeles with her family.

## Critical Praise

'Smart and funny, *THE BABY PLAN* is irresistible! A winner.'

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