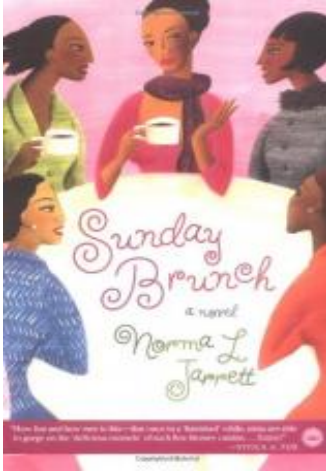


Sunday Brunch: A Novel

by Norma L. Jarrett



About the Book

Waiting to Exhale meets Church Folk as five female attorneys do brunch each week to trade tales about their love lives, law firms, and the Lord!

Meet Capri, an attorney at a top Houston firm. She seems to have it all together all the time until a seductive client topples her self-control. Then there's Jermane, a devout Catholic who met her husband in law school and has never been with another man. But now her workaholic marriage is threatened by temptation.

Angel, on the other hand, sees men merely as a means to sex. Her scorn for love of all kinds --- godly or otherwise --- is challenged by a serious health scare. Meanwhile, Jewel bases her dating choices on the size of a man's bank account until she meets a new flame who causes her to reconsider her requirements.

Finally, there's Lexi, the link between the ladies, who provides sage advice while praying for Mr. Right. But what happens when depression hits hard?

Through conversation and consolation, these dynamic characters provide one another with divine inspiration --- encouraging readers to root for them along the way.

Discussion Guide

1. What emotions did you experience while reading **Sunday Brunch**? What parts of the novel connect to your life?
2. In what ways are the characters alike? Different? Why do you think they remain so committed to each other and their Sunday brunch ritual?

3. What are some of the spiritual battles Lexi faces? Why does she think it's her responsibility to support and pray for all of her friends? Why doesn't she feel more comfortable sharing her needs with them?
4. If you were Lexi, how would you have dealt with Reggie and Kyle?
5. Why do you think it took so long for Lexi to meet the police officer, Chris Reynolds?
6. Is Jermane being realistic about her needs? What advice would you give Jermane regarding her dilemma with Naegel? Do you see the kiss that they shared as adultery? Why or why not?
7. Why does Jewel struggle with finding her true purpose? How does God work in her life, compared to the other characters?
8. What is it about Kevin that made him give the spoiled Jewel a chance? Why is her ultimate response to him so positive?
9. Why does Capri have such a hard time opening up to Anthony? What do you mark as the true turning point in their relationship?
10. Many career-oriented women struggle with the same issues that Capri does--striving to maintain a healthy balance between work, family, personal goals, and romance. If you were Capri, would you risk your career for a man? Do you agree with her choices?
11. What motivates Angel to give her life to the Lord? What will be some of her obstacles in becoming a devoted Christian?
12. Based on the issues they bring to the table at the beginning of their relationships, what potential challenges do you think each couple will face in their future?
13. What do you think the primary struggles are for young single women and their faith walk? What situation in **Sunday Brunch** best represents a situation young singles must face?
14. Has **Sunday Brunch** influenced your prayer life in any way? Has it made you think differently about prayer? If so, how?
15. What was the significance of exploring the different levels of spirituality in each character?
16. What actors could you see playing each character in *Sunday Brunch--The Movie* ? (Make a female and male wish list!)
17. Has **Sunday Brunch** made an impact on the relationships in your life (platonic, romantic, professional, and familial)? Describe how and discuss.

Author Bio

An honors graduate of the Thurgood Marshall School of Law, Norma L. Jarrett is also the author of **Coffee Table Quotes for the Contemporary Christian**. Raised in New Jersey, she now lives in Houston, Texas, and belongs to Pastor Joel Osteen's Lakewood Church.

Critical Praise

"The only thing better than selecting **Sunday Brunch** from the literary menu is the bittersweet dining experience with the divas that makes the pages come alive. You'll want to call your friends and make reservations once you sink your teeth into this one."--- Parry "EbonySatin" Brown, author of **Sittin' in the Front Pew**"Norma has created a recipe for inspiration, wit, friendship, and spiritual growth. **Sunday Brunch** portrays and examines 'real life issues' through vivid and relatable characters."--- Victoria Christopher Murray, author of **Joy**

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