

# Blue Sisters

by Coco Mellors

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## About the Book

**Three estranged siblings return to their family home in New York after their beloved sister's death in this unforgettable story of grief, hope and the complexities of family, from the acclaimed author of CLEOPATRA AND FRANKENSTEIN.**

The three Blue sisters are exceptional --- and exceptionally different. Avery, the eldest and a recovering heroin addict turned strait-laced lawyer, lives with her wife in London; Bonnie, a former boxer, works as a bouncer in Los Angeles following a devastating defeat; and Lucky, the youngest, models in Paris while trying to outrun her hard-partying ways. They also had a fourth sister, Nicky, whose unexpected death left the family reeling. A year later, as they each navigate grief, addiction and ambition, they find they must return to New York to stop the sale of the apartment in which they were raised.

But coming home is never as easy as it seems. As the sisters reckon with the disappointments of their childhood and the loss of the only person who held them together, they realize that the greatest secrets they've been keeping might not have been from one another but from themselves.

Imbued with Coco Mellors' signature combination of humor and heart, BLUE SISTERS is a story of what it takes to keep living after loss --- and, ultimately, to fall in love with life again.

## Discussion Guide

1. When the novel opens, the Blue sisters are all living different lives in disparate cities. How does the loss of Nicky impact each of the sisters differently?
2. Discuss the line: "A sister is not a friend." What do you think the author means by that? Do you have siblings? If so,

would you consider your sibling a friend?

3. Discuss the role of addiction in the book. How does it shape the sisters' choices and actions? Have you ever struggled with addiction or been close to someone who has?

4. How does the author depict grief and the process of healing in the story? Which sister's journey resonated with you the most?

5. What do you think the New York City apartment meant to each sister? What do you think it symbolized for Nicky?

6. Each Blue sister has her own romantic encounters and frustrations. Whose romantic storyline did you find the most frustrating, and which did you find the most satisfying?

7. When the sisters reunite, they realize that they had very different understandings of Nicky. What were you the most surprised to learn about Nicky and why?

8. The Blue sisters have a complicated relationship with their parents, and their mother plays a small but pivotal role in the novel. How do the sisters' parental relationships affect their own feelings about motherhood?

9. Discuss the ending of the book. Were you satisfied with how the sisters' stories were resolved? What were you hoping for each sister?

10. Which sister did you identify with the most? Explain why.

## Author Bio

Coco Mellors grew up in London and New York, where she received her MFA in fiction from New York University. Her debut novel, *CLEOPATRA AND FRANKENSTEIN*, was a *Sunday Times* bestseller, has been translated into over 15 languages, and is currently being adapted for television. She lives with her husband and son in New York.

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